

Positive Behaviour Support Plan

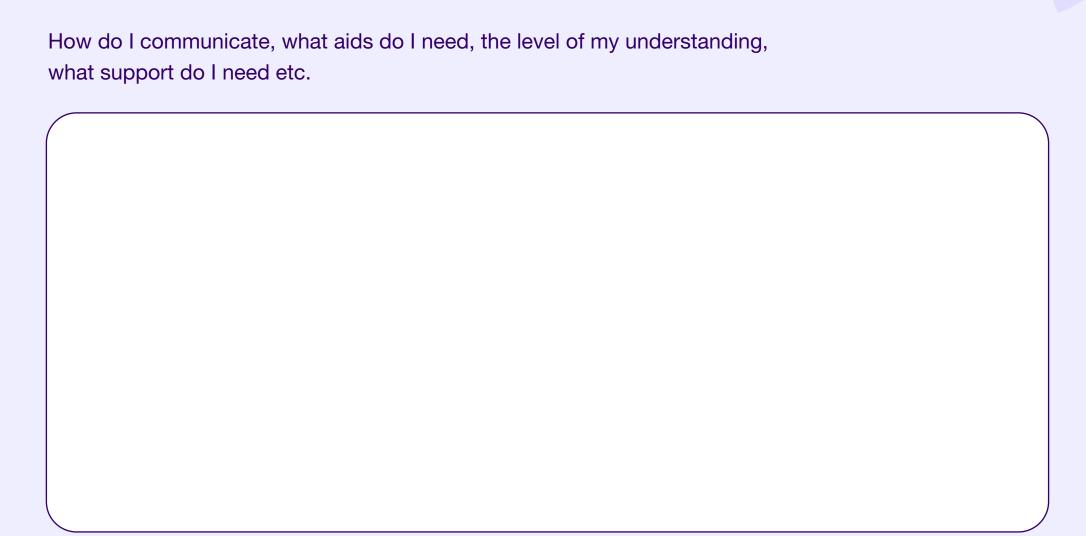
Name:	Completed By:
Date:	Review Date:
Did the individual contribute to their PBS plan?	YES NO

Profile

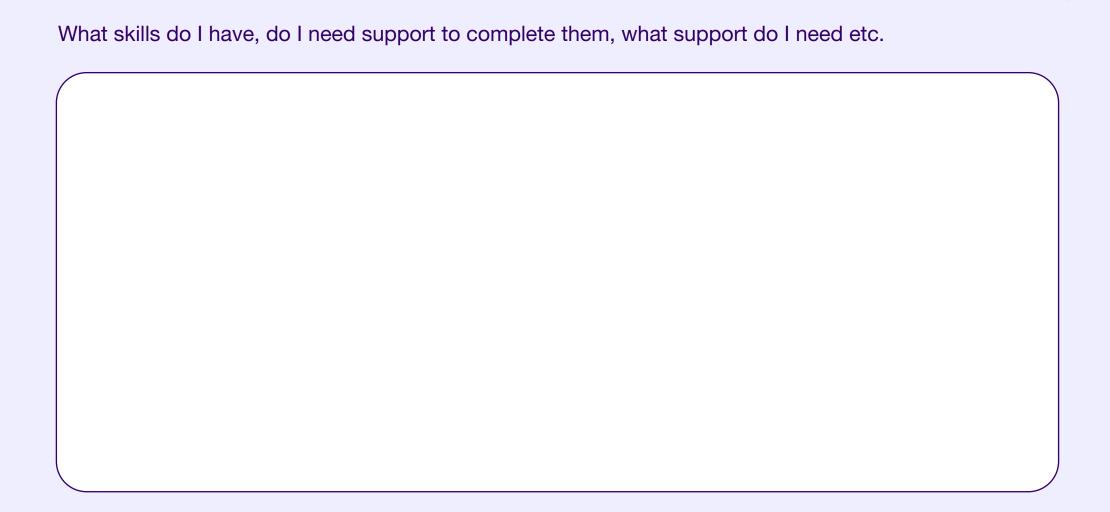
A brief description/overview of the person including things that are important to the person, communication (including aids), likes/dilikes, health, mental health, mobility (including aids), diagnosis, relationships, phobias. This is a live document and should be reviewed and updated if and when more is understood about the functions of my behaviour.



Communication



Functional Skills





My baseline behaviour

How do I show you that I am happy/calm What can you do to help me remain happy/calm

Setting Events/Slow Triggers

Family visits, people, appointments, lack of sleep, missing a meal, lack of fluids, constipation etc.

Known Antecedents/Triggers

What happens before the event

What is my escalating behaviour?

What do I look like/sound like when I am beginning to become less happy/calm	
What do you/can you do to help me	
What do I look like when I am starting to calm	

Behaviours that challenge

Ensure full description of what each behaviour looks like and why these are impacting on services, environments, access to the community, quality of life, risks

Behaviour	Impact	Frequency	

	New skills teaching (such as learning to use a feelings chart, learning relaxation techniques, introducing distraction techniques, learning to identify pain using a visual pain chart etc)
	What do I look like when I begin to emit behaviour that challenges
	Include what the person looks and sounds like. Are there cycles to the behaviour, if so, what does it look like, what comes first
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 u respond when I am emitting any identified behaviours that challenge? I cues, body language, facial expression etc. What is the agreed diversion/distraction techniques used?	
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Post Incident

How do you make me feel safe/comfortable

Positive Behaviour Support Plan



See how Log my Care's PBS feature works in an interactive demo

Click here for an interactive demo